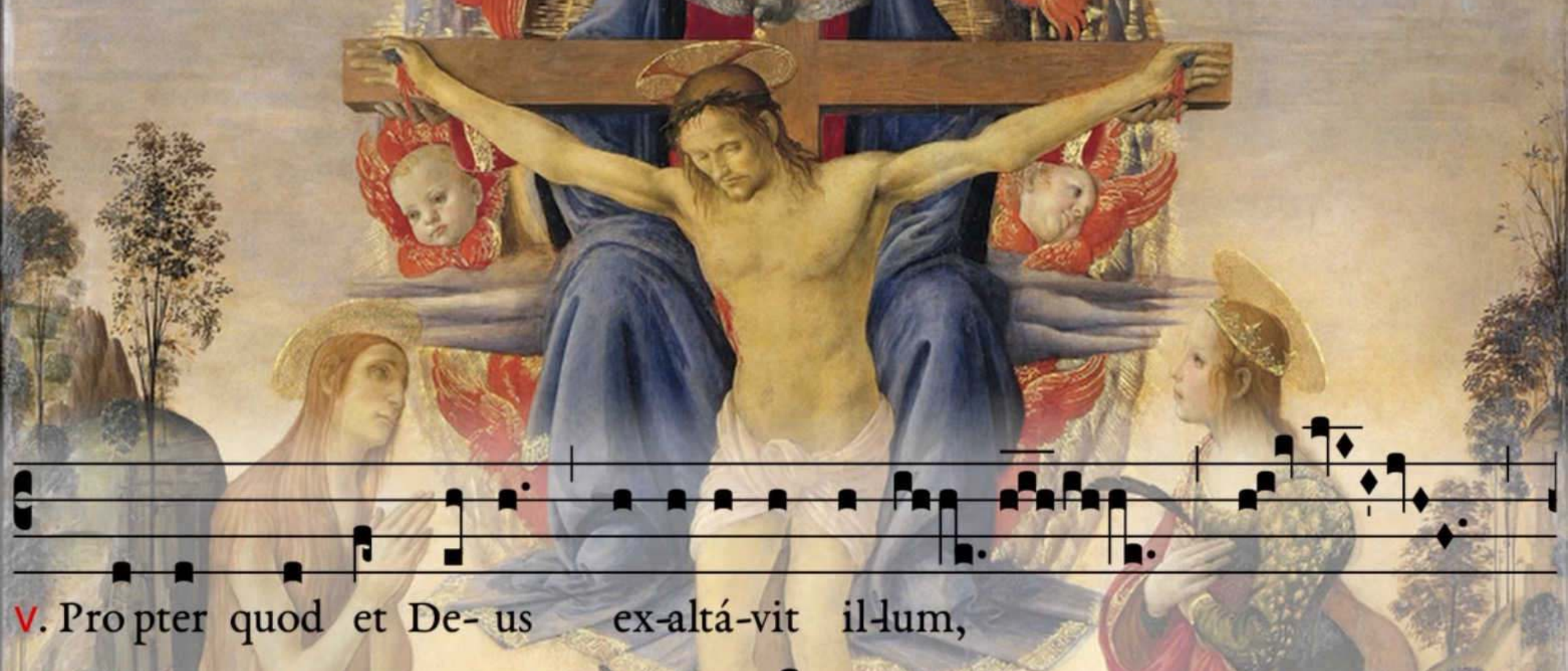


LENT – PREPARATION FOR EASTER 2023

CATHOLIC FAITH FORMATION

MARCH 5, 2023

ST. IGNATIUS CHURCH, TOKYO



V. Propter quod et De-us ex-altá-vit il-lum,

Gradual Christus Factus Est - Gregorian Chant for Lent

et de- dit il-li no- men, quod est

Lent - a Season of Repentance, Prayer and Fasting



The Heart Of Lent



THE HEART OF
LENT
- WILLIAM
CARDINAL GOH

RETURN



LENT - WEEK TWO - RETURN
WITH FR. JOHN BURNS



THREE HABITS TO
GET THE MOST
OUT OF LENT
— BISHOP BARRON

Friends, we come now to the
holy season of Lent,

CORPORAL & SPIRITUAL

FEED THE HUNGRY



INSTRUCT THE IGNORANT

GIVE DRINK TO THE THIRSTY



COUNSEL THE DOUBTFUL

SHELTER THE HOMELESS



ADMONISH SINNERS

CLOTHE THE NAKED



FORGIVE OFFENSES

VISIT THE SICK



COMFORT THE AFFLICTED

VISIT THE IMPRISONED



BEAR WRONGS PATIENTLY

BURY THE DEAD



PRAY FOR THE LIVING AND THE DEAD

THE WORKS OF MERCY

"A BIT OF MERCY MAKES THE WORLD LESS COLD AND MORE JUST" (POPE FRANCIS)





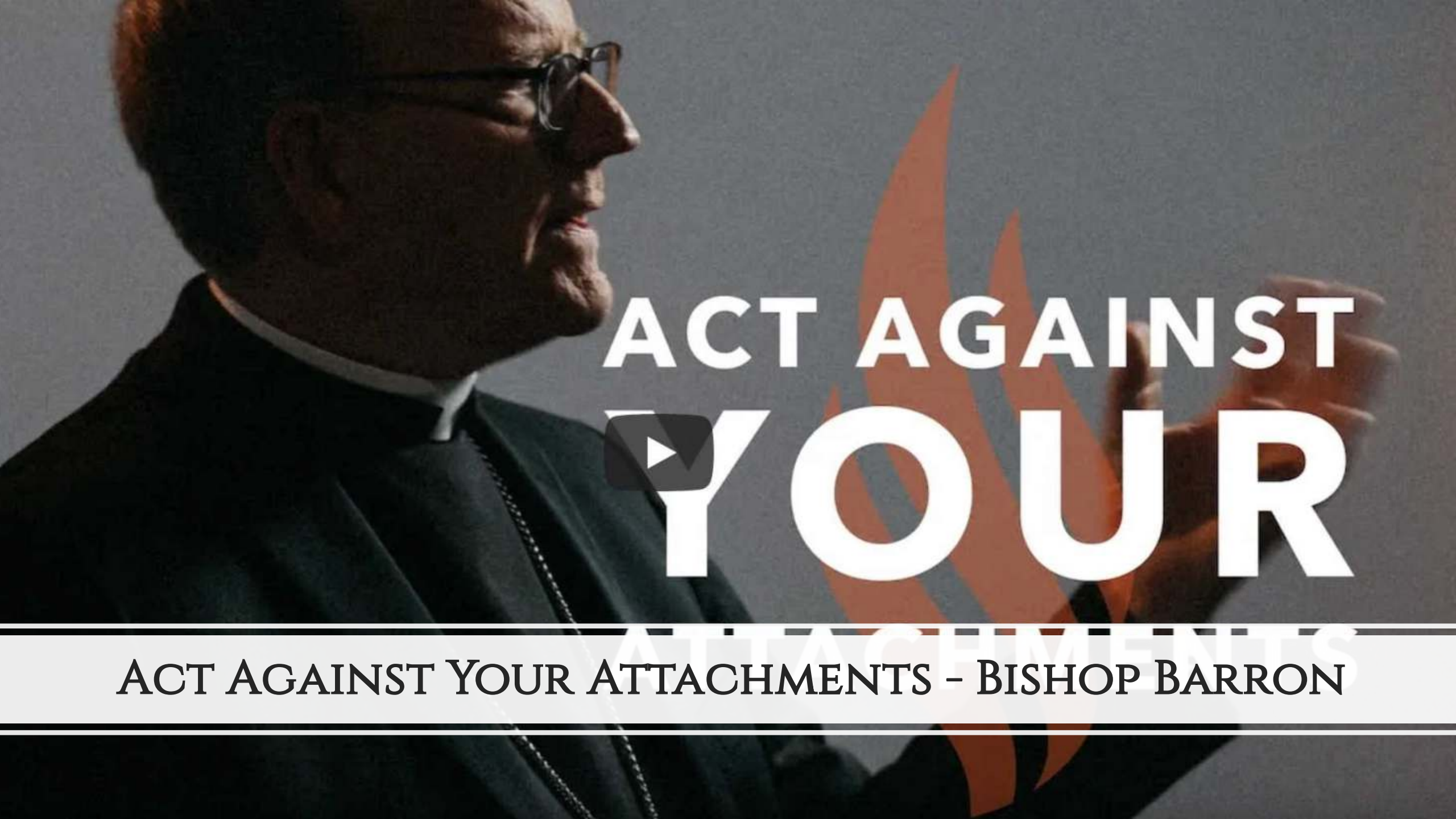
The Secret To Prayer

THE SECRET TO PRAYER
- WILLIAM CARDINAL GOH



THREE LEVELS OF TEMPTATION

Three Levels of Temptation
Bishop Barron

A profile shot of Bishop Barron, a man with glasses and a beard, wearing a black clerical shirt. He is speaking and gesturing with his right hand. In the background, there is a large, stylized orange flame graphic. Overlaid on the image is the text "ACT AGAINST YOUR" in large white capital letters. A play button icon is positioned over the word "YOUR".

ACT AGAINST YOUR

ACT AGAINST YOUR ATTACHMENTS - BISHOP BARRON



+ QUOPRIMUMTEMPORE.PL
PORTAL POŚWIECONY TRADYCJI KATOLICKIEJ

Pange Lingua - Gregorian Chant